# Alcohol and Cancer – Community Response

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research prevention support



## **Key Points**

- Role of cancer organisations
- Power of community partnerships
- Tips for effective partnerships
- What else can cancer organisations do?



## Role of cancer organisations

Understand the role of evidence and research to underpin practice

Experienced in developing and advocating for policy reform in other areas

Respected by the community and in political circles

however not seen as a key player in the alcohol policy arena



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The Alcohol Policy Coalition is a collaboration of health and allied agencies concerned with alcohol related harm in the community.

Read more



Victorian Alcohol Policy Roadmap In 2014 the Alcohol Policy Coalition commenced work



Why the Alcohol Policy Coalition exists

The impetus for the Alcohol Policy Coalition is the need

#### Latest tweets



5 May

Calorie labels for alcoholic drinks? Alcohol is a contributor to obesity and many other serious health problems mx.net.au/heavy-drinker-...

Retweeted by Alcohol Policy Vic

**Show Summary** 



#### **Current members**



























#### **National Alliance for Action on Alcohol**



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National Alliance for Action on Alcohol is a national coalition of over 70 health and community organisations from across Australia that has been formed with the goal of reducing alcohol-related harm.

#### **IOIN ACTION ON ALCOHOL!**

More and more organisation are joining NAAA every week to get involved in Action on Alcohol. Read more.



#### NEWS

Time to put the brakes on harmful booze consumption

2 February 2015: Regardless of political colour, our governments are... Read more.

NSW Government's alcohol policy 'most

#### **EVENTS**

FARE Annual Alcohol Poll 2015 30 April 2015, East Melbourne VIC

Australian & New Zealand Addiction Conference

20-22 May 2015, Gold Coast QLD

#### LATEST TWEETS



Sam Menezes

@Sammenez

ACT secondary supply (reduce the supply of alcohol to youth via adults) Media release #alcohol #kids @ACTIONonALCOHOL cmd.act.gov.au/open\_governmen...

11 Jun

Retweeted by ACTIONODAL COHOL

# **Power of Partnerships**

#### - Win Win

**Breaks down silos** 

Presents a united front to politicians, bureaucrats, media

Simplifies the 'ask'

**Spreads the risk** 

Ensures groups are not captured by opposition

Attractive to media

**Builds support with within partner organisations** 



## **Preparation for Partnerships**

- Building the Coalition

Start with who you know and trust Show goodwill by providing resources Ensure a shared agenda Develop a governance structure Develop a brand **Enable proactive and reactive responses** Consider partners who can counter opposition Develop protocols for communication

### Platform for Partnerships

## - Building your Positions

Take the time to create an evidence based platform

Don't be too ambitious – short, medium, long term goals

**Understand partners' positions & constraints** 

Be flexible - P value vs PR value

Need a filter around priorities, take into account the political realities

Balance between democracy and dictatorship



# **Top Tips**

Under promise and over deliver

Ensure resources in the long-tern – develop a funding model

Communicate your value and influence

With partners and funders to demonstrate value and influence

**Externally to build influence** 

Be persistent, change takes time



# **Top Tips**

Model with high level engagement
Pick three targets – short, medium, long term
Start with low hanging fruit
Don't get distracted
Foster robust debate within the group
Prepare to pull in others for various campaigns



# What can cancer organisations do?

Research
Awareness raising



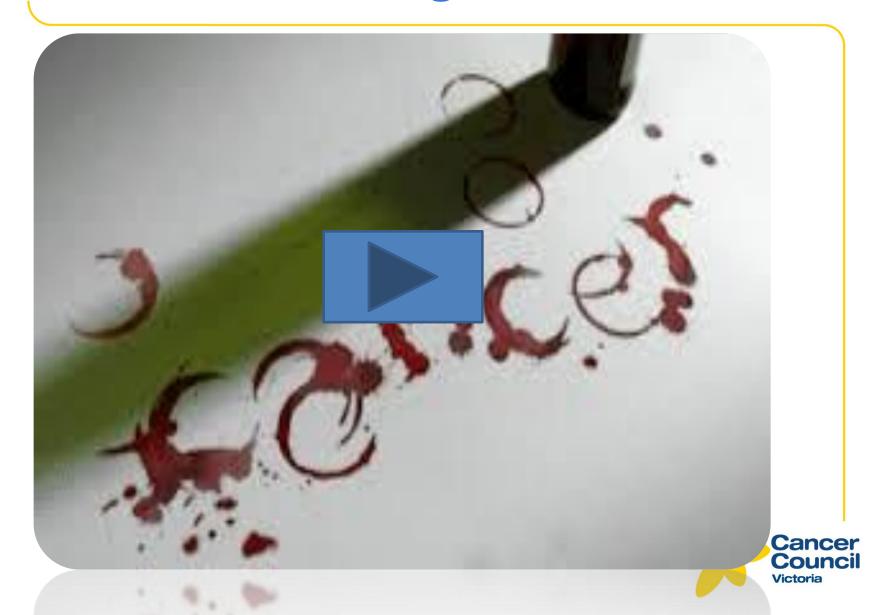
# Alcohol and Risk of Cancer – online poll

Only one in eight (13%) had an accurate understanding of the number of standard drinks in a bottle of wine, with the majority estimating 3-4 drinks per bottle.

Nearly half the respondents (46%) felt alcohol made no difference or were not sure if it had any effect on their risk of cancer.



# What can Cancer organisations do?



#### **Further information**



Alcohol Policy Coalition

www.alcoholpolicycoalition.org.au

NATIONAL ALLIANCE FOR ACTION ON ALCOHOL

www.actiononalcohol.org.au

www.cancervic.org.au



# Acknowledgements

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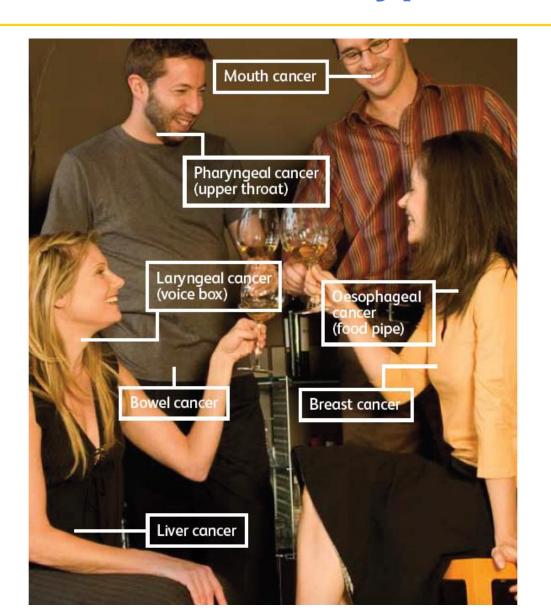


#### The link between alcohol and cancer





# Alcohol can cause 7 types of cancer





#### Who is affected





Carlton Draught Bottles or Cans 24x375mL or Tooheys Extra Dry Bottles 24x345mL







Bundaberg UP & Cola Cans or Johnnie Walker Red & Cola Cans 24x375mL



Blanc Semillon, Cradle Bay Marlborough Sauvignon Blanc or Zilzie Estate Shiraz



1 Litre Spirits as pictured





#### What are the obstacles



