# The extent of the problem: alcohol-related harm to children

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Physical violence

Sexual violence

Traffic injuries, fires

Child abuse and neglect

Wellbeing of drinkers families

Effects on co-workers

Property damage, neighbourhood amenity

Harm from other people's drinking

# Measuring alcohol harm to children in NZ

### Car crash injuries and Fires

#### Under 15 year olds:

- 12% of all traffic crash injuries were alcohol related
- Average of 5 children killed and 376 others injured each year
- 90% of children killed and 75% of those injured were in the same car as the drinking driver

Connor et al. Accid Anal Prev 2009;49:1099-1103

**Table 6.** Secondary victims of alcohol-related unintentional residential fires, by ethnicity (July 1996-Dec 2006)

	Ac	Adult		Child	
	NZ Maori	NZ European	NZ Maori	NZ European	
Male	6	3	5	1	
Female	2	1	4	0	
Total	8	4	9	1	

### Child abuse or maltreatment

#### 2006 CFYS

- 50,301 care and protection notifications
- 12,453 found to have been sexually, physically or emotionally abused or neglected (one in four)
- 21 per 1000 NZers 0-16 years
- In Australia 33\overline{\pi} alcohol use is associated with the seriousness of the outcome. (42\pi of protection orders) (Laslett 2010)
- In NZ this would be 4109 cases in a year

#### 2006 Police data

- 15% of victims in family violence incidents were children
- Alcohol was a contributing factor to 29% of all family violence incidents – not reported separately for children

#### 2002-2006 Family homicides 38/141 were children

 Half of child homicides had alcohol +/or drug involvement (Martin &Prtichard 2010)

### Fetal alcohol spectrum disorder

- No reliable data on prevalence or severity in NZ
- No organised screening of children
- Surveys of drinking in pregnancy suggest >1/4 babies exposed to some alcohol
- US data: 1% FASD (May and Gossage 2001); 2-5% (May et al 2009) 600-3000 per year in NZ
- Much more drinking in pregnancy in NZ than US
- 12% of NZ pregnancies at high risk of heavy alcohol exposure in early gestation (Mallard 2012)

### Evidence not found

- No reliable data on harm to children reported, including FASD
- Child, Youth and Family Service
  - Unable to access any data because it was not "accurate or reliable" enough for our purposes
- Some data extracted on crashes and fires
- No accessible data on alcohol and domestic violence incidents where children were present
- Emergency Departments
  - Alcohol data not systematically collected even for patients

# Harm to Others survey

Table 4. Harms experienced by under-18 year old children living in the household of the respondent (n=334)

#### percentages

Harms	Female	Male	Total
Because of someone else's drinking how many times in the last 12 months:			
Were children yelled at, criticised or verbally abused?	13	9	11
Did children witness serious violence in the home?	6	7	7
Were children left in an unsupervised or unsafe situation?	6	5	5
Were children physically hurt?	4	1	2
Was a protection agency or family services called?	2	2	2
Was there not enough money for the things the children needed?	4	5	5
Total respondents with children reporting at least one impact		15	17

Casswell et al., NZMJ 2011;124:4707

### Alcohol related victimisation

#### New Zealand adults

	Alcohol-involved cases per year	% of total cases
Police records All offences Violent offences Homicides Family violence homicides "Use of force" incidents Taser incidents	118,829 20,447 23 (mean)	31-46% 33% 44% 37% 59% 35%
Self- reported physical assault (HBS) Self- reported sexual assault (HBS) Self-reported all violence (NZCASS)	62,832 10,053	54% 57% 41%
Self-reported partner aggression (Gen07)		21% women 37% men

### What children are growing up with

- Aggression aggravated by alcohol use
- Physical and sexual assault involving alcohol in their homes
- Neglect
- Lost social and educational opportunities
- Mental health problems
- Increased likelihood of drinking problems

## Implications of gaps in knowledge

- Biased perceptions
  - Emphasis on measurable, visible harm
  - Poor recognition of extent of harm to children and women in particular
- Inadequate evidence
  - reduces the agencies' ability to improve their services, to monitor change, to advocate for resources
  - weakens advocacy for better alcohol policy





### **Public Health Surveillance**

Ongoing systematic collection, analysis, and interpretation of health-related data essential to the planning, implementation, and evaluation of public health practice, closely integrated with the timely dissemination of these data to those responsible for prevention and control.

## Societal cost of drinking

- Police
- Courts
- Prisons
- Health services
- Child Protection
- ACC
- Special education
- Loss of productivity
- Loss of life opportunities

Lost opportunities for societal provision of other amenities and services due to the diversion of resources

# Harm to Others (H<sub>2</sub>O)

Neglected area of research

Hidden cost – esp. harm to children

Very relevant to alcohol policy

International interest is growing